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Signed: _____

Peter K. Trzyna (Reg. No. 32,601)

Date: October 20, 2005

PATENT

Paper No.

File: Hinne-P3-01

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Inventor	:	Michael Hinnebusch
Serial No.	:	10/015,866
Filed	:	12 December 2001
For	:	SYSTEM AND METHOD TO IMPROVE FITNESS TRAINING
Group Art Unit	:	3639
Examiner	:	NELSON, Freda Ann

Honorable Commissioner of Patents
P.O. Box 1450
Alexandria, VA 22313-1450

TRANSMITTAL LETTER

S I R :

Transmitted herewith for filing in the above-identified patent application is the following:

1. Amendment and Response;
2. Petition for Extension of Time;
3. Substitute Specification-Clean Copy Pages 2-3;
4. Substitute Abstract-Clean Copy;
5. Substitute Specification-Marked-Up Pages 2-3; and

6. Abstract, Marked-Up Version.

APPLICANT CLAIMS SMALL ENTITY STATUS. The Commissioner is hereby authorized to charge any fees associated with the above-identified patent application or credit any overcharges to Deposit Account No. 50-0235.

Please direct all correspondence to the undersigned at the address given below.

Respectfully submitted,

A handwritten signature in black ink, appearing to read 'PKT', with a long horizontal flourish extending to the right.

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Date: October 20, 2005

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